



Ocean Ridge Tidings

A monthly email newsletter for the residents of Ocean Ridge

September 2010

Volume 3, Issue 9

Budget Update

A Public Hearing was held at 5:01pm on September 8, 2010 to consider the Tentative Budget Adoption for FY 2010/2011. The Commission added \$34,000 to the Police Department budget to fully compensate the officers for the extra 104 hours worked with the implementation of the 12 hour schedules (at their current hourly wage) by utilizing reserve monies. Previously, only 44 hours of the 104 total hours were budgeted. A budget amount of \$5,301,852 was tentatively adopted. The Commission also reduced the proposed millage from \$5.4000 (also current millage for FY 09/10) per \$1,000 of assessed valuation to \$5.2500. Final adoption of the budget will be held on September 22, 2010 at 5:01pm.

Noseum, Landscaping, Drainage Bid Results

At the September 8, 2010 Regular Town Commission Meeting the Commission approved a one year (9 month) contract with Clarke Mosquito Control in the amount of \$26,825. They will takeover spraying once a week beginning October 1st.

The Commission also approved a one year contract with Chris Wayne and Assoc. Inc. for Landscaping Service in the amount of \$40,800 and awarded a bid to DP Development from West Palm Beach in the amount of \$58,389 for drainage improvements to Oceanview/Douglas Drive and Spanish River Drive. The drainage project will begin in October and take about 60 days to complete. If you have any questions, please contact Town Hall at 561-732-2635.

Stuff the Bus!

Source: United Way PBC Flyer September 2010

A record 49 million Americans are food insecure, including 17 million children. You can help feed thousands of residents in need in Palm Beach County. Ocean Ridge Town Hall will be a donation location for Stuff the Bus. Donate nonperishable food items from September 13 through September 24 at Town Hall from 8:30am-3pm Monday through Friday. Donations can also be left at the Ocean Ridge Police Department after hours. Suggested items to donate are:

- * Canned meats like tuna, salmon, chicken, turkey, & ham
- * Canned chunky soups and stews
- * Canned beans, fruits, and vegetables
- * New, unopened plastic containers of peanut butter & jelly

For more suggestions on nonperishable food items to donate, visit United Way Events Calendar at www.unitedwaypbc.org.

September 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---------------------------|--|--|-----|---|---------------------------------|
|  | | | 1 | 2 | 3 | 4 Beach Cleanup 8-10:15am |
| 5 | 6 Labor Day- Closed | 7 Code Enforcement Hearing 10am | 8 Budget & Regular Town Commission Meeting 5:01pm Rosh Hashanah Begins | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 Yom Kippur Begins  | 18 |
| 19 Grandparents Day  | 20 | 21 | 22 Final Budget Adoption Meeting @ 5:01pm | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | Next Month: Beach Cleanup 9/2 8-10:15am Regular Town Commission Meet- ing 10/4 at 6pm Code Enforcement Hearing 10am Columbus Day 10/11- TH Closed Visit oceanridgeflorida.com for updates. | |



Ocean Ridge Police Department News

By Chief Christopher T. Yannuzzi

Your Most Precious Possession!

Even after 36 years in the law enforcement profession, it never ceases to amaze me that criminals continue to be successful in their application of old methods. From an investigative viewpoint, what is so frustrating is that people continue to be victimized even after crime prevention techniques have long-since been disseminated. So, the criminals would be the foolish ones if they did not persist in stalking their prey when the reward remains so lucrative.

It is unfortunate that even small coastal communities like Ocean Ridge and Briny Breezes face these nemeses; but rest assured, we do. Therefore, the best thing citizens and public servants can do is to reduce the appearance that we are willing victims. The term "Target Hardening" comes to mind. Simply put, the idea is to make the one next door appear more vulnerable than your own home, business, or car. From a communitywide standpoint, the term means redirecting the law-breaker to Manalapan or Gulfstream, or simply discouraging the offender from even crossing the ICW from Boynton Beach.

The Ocean Ridge Police Department has experienced far too many examples of the frustration I am referring to. Gone are the days when we can leave our doors (homes, businesses, or cars) unlocked "just for a minute"; even while we are present. Along those lines, our alarm systems MUST be set each and every time we leave; even if it is just to walk the dog. Approved exterior lighting is an additional deterrent. Likewise, being aware of those around you as you take your leisurely walk or shop is another crime prevention tool that makes you less likely to be victimized and adds to your ability to be a good witness should something occur.

The criminal mind is amazingly adaptable and capable of conjuring up ways to exploit the system in so many ways. It has often been said by those in the law enforcement profession that if the bad guys only used their intelligence for good instead of evil, cures for certain diseases and some of the world's problems would have been discovered long ago.

Currently, the focus of the crook's attention has shifted away from mere property to something much more personal. Specifically, I'm referring to Identity Theft. The breadth of this activity is difficult to comprehend, even for the experienced police officer. But again, if you think it isn't happening in Ocean Ridge or Briny Breezes, you are sadly mistaken. Therefore, the balance of this article will spotlight the problem.

I have had the opportunity to speak with many a victim of Identity Theft. They find some solace in the fact that the banks have reimbursed their accounts. However, their sense of being personally violated is palpable. Add the hassle of obtaining new bank & credit card accounts, along with the need to constantly monitor their credit history for the next several years, and the situation obviously takes a toll on them.

The opportunity to commit Identity Theft comes in many forms:

- Solicitors knocking at your door. As we approach the "Season" criminals will flock to our area to avoid the colder weather. We have already experienced out-of-state visitors seeking work, selling items, or simply checking to see who is home by going door-to-door. PLEASE call us immediately to report this activity.

Your Most Precious Possession!

Continued from page 3

- Breaking into parked cars is not the only way of stealing someone's identification or banking information. There have been those who track their prey while at the supermarket or at the gas pump. Distraction thefts involve one suspect engaging in conversation or blowing their horn, while an accomplice steals a purse or wallet. Within ten seconds it is over and within minutes, the criminals are buying things with the stolen credit cards.

- These villains are also calling people on the phone or "Phishing" the internet. They pretend to be a bank representative and ask a few personal questions. Without realizing it, you have given them everything they need to open their own accounts in your name, gain access to your savings, or **even buy a house**; all without your knowledge. **ANY UNSOLICITED CALL OR E-MAIL SHOULD IMMEDIATELY BE CONSIDERED SUSPICIOUS.** E-mail from unknown sources should be deleted without opening. This will also help prevent downloading viruses that can destroy your computer.

- Are you listed with the National "Do Not Call" Registry? If you want to reduce telephone solicitation, contact the FCC by phone: 1-888-382-1222 or via the Internet: www.donotcall.gov. Within 30 days, your name will be added to the list and most solicitors should stop calling. There are a few exceptions, but continued unauthorized calls can be reported to the FCC so they can investigate your complaint. The caller is subject to a fine.

With regard to Identity Theft, there is additional information available at: www.ftc.gov/idtheft. Should you find yourself a victim of the theft of your checks, credit cards or identification, file a police report with the agency having jurisdiction AND immediately notify your bank and credit card companies. In addition, call one of the three major Credit Bureaus: Equifax 1-800-525-6285, Experian 1-800-397-3742 or TransUnion 1-800-680-7289. By law, notifying one requires them to notify the other two. A ninety (90) day "Fraud Alert" will be placed on your credit record and you are entitled to a free Credit Report. Review it carefully to determine if any unauthorized accounts have been opened or fraudulent transactions are present.

The good news is that the information I have provided is transportable and applicable everywhere. By that I mean that we should be diligent wherever we are and regardless of the fact that many of our residents are "snow birds". With cell phones and laptops, we seem to be in constant motion.

Enclosed in this month's Newsletter is an article from the AARP publication for September 2010. It provides many helpful hints on the topic.

Regardless of the season or our transient life style, there is one thing that always travels with us and that is our identity. **Protect it, as it is your most precious possession!**

Call the Citizen Information
Line at 561-738-ORFL (6735)
for alerts and updates.

Oceanfront Park Beach Conditions
Call 561-742-6775

“Red Light” Cameras

The Ocean Ridge Police Department is researching the possibility of installing “Red Light”, surveillance, and/or License Plate Recognition cameras at various locations in Ocean Ridge and Briny Breezes. Under the new Florida law, many of the past issues have been resolved. Most of the vendors are willing to install the devices at little or no cost to the municipality.

The benefits of these cameras are many; to include, the positive impact on traffic safety, increased enforcement, the collection of investigative information, and the identification of stolen or suspicious vehicles.

Stay tuned as the research into this project continues. In the meantime, please drive carefully as many local Police Departments already have fully functional cameras installed and enforcement has begun.

Flu Season



“Public Safety” comes in many forms. As the Fall Flu Season approaches, information is being disseminated by the Palm Beach County Health Department regarding shots and supplies you should have on hand. This information is included in this month’s Newsletter. Please feel free to contact the Health Department if you have any further questions.

PALM BEACH COUNTY
SHERIFF Ric L. Bradshaw, Sheriff

POOL SAFETY

STEP 1 - Call 911
STEP 2 -

A: If Unconscious, Bring Flotation Device With You In The Water (I.E. Pool Noodle) When Retrieving The Victim

B: If Victim Is Struggling, (Never Jump In After Someone, They Can Pull You Under) Reach Or Throw, Don't Go

- Take Any Object That Extends Your Reach
- Lie Down On The Ground
- Pull Victim To Safety
- If Victim Is Too Far To Reach, Throw Them Something That Floats

STEP 3 - Perform CPR If Necessary

 American Red Cross
Greater Palm Beach Area Chapter





Call 911



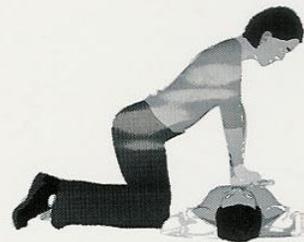
Tilt head, lift chin: check breathing.

If unconscious, tilt head back and lift chin. Look for chest rise and look and listen for breaths.



Give two breaths.

If not breathing normally, pinch nose and cover mouth with your own and give two full breaths.



Pump 30 times.

Position your hands in the center of the chest between the nipples. Place one hand on top of the other. Push down firmly two inches and push on chest 30 times hard and fast.

Continue with two breaths and 30 pumps until help arrives.

A Wallet Gone AWOL

Source: Sid Kirchheimer, www.aarp.org/bulletin, September 2010

Even in the age of computer hacking and elaborate Internet schemes, huge numbers of identity thefts begin with something very old-fashioned, the loss or theft of a wallet or purse, according to the 2010 Identity Fraud Survey Report by Javelin Strategy & Research.

To protect yourself, start now.

Make photocopies of the front and back of every card you keep in your wallet—your driver's license, credit and insurance cards, even video rental memberships and library cards. (Overdue videos and library books taken out in your name will result in fines.)

Having copies at home or in your hotel room safe while traveling will give you access to all your accounts, including those you may forget in a panic. Plus, the back of a card usually lists important information, such as security codes and contact information to report loss or theft.

Quick-action steps

If your wallet goes missing, here's what to do:

- * Immediately call all your credit card companies to request an "account number change." Don't ask to "cancel" your account—that can hurt your credit score, especially if you have an outstanding balance. Explain that you want a new number issued so that nothing shows up on your credit report as "canceled by consumer," advises Linda Foley of the Identity Theft Resources Center.
- * Change passwords to ensure that your accounts can't be opened by an identity thief. The best passwords use made-up words that are a mixture of letters, numbers and symbols. Don't make passwords of your mother's maiden name, pet's name or other identifiers that can be found online.

- * File a report with the police in your hometown and the place where you and your wallet parted ways. Get copies. You'll need them in later dealings.
- * Request a fraud alert be put on the credit accounts that the major three credit bureaus maintain about you. Contact Experian at 1-888-397-3742 (Experian.com), TransUnion at 1-800-680-7289 (transunion.com), and Equifax at 1-800-525-6285 (Equifax.com).

With a fraud alert in place, creditors are supposed to verify your identity, usually by phone, before issuing new credit in your name.

- * Ask the DMV to put a "flag" on your license file. This will make it harder for a thief to apply for a new copy of your license. It will help protect you if someone runs up traffic violations in your name.

You may have to replace your license in person, proving your identity with a birth certificate, passport, or Social Security card (which you shouldn't carry in your wallet.)

- * Notify your bank. You'll want a new ATM or debit card and a new checking account if your checkbook went missing.
- * Check your credit history about two weeks later. Visit AnnualCreditReport.com or call 1-877-322-8228 toll-free for your free report and then look under "Inquiries" for any new credit applications made in your name.

The two-week wait provides enough time for thieves to apply for credit but generally not enough for cards to be issued, says Foley. Re-check your credit report two to three months later.



You Can Fight Flu

WHAT IS THE FLU?

Influenza (Flu) is a highly contagious virus that infects your lungs and spreads easily from person to person. Flu is serious and can cause illness or death.

IS IT THE COLD OR FLU?

A common cold, including chest and head colds, are caused by over 200 viruses, but flu is caused by either Influenza A or B. And with the flu, you feel terrible! You may have fever and body aches and your symptoms are worse with the flu than a common cold.

GET YOUR FLU VACCINE

- Being vaccinated with the flu vaccine each year is the first and most important step in protecting against influenza.
- Who should get the flu vaccine? Simply said, all people 6 months of age and older.
- Those with chronic medical conditions (like diabetes, heart disease or asthma) or those that are pregnant are at higher risk for complications from flu and should be sure to get the flu vaccine.

DON'T SPREAD THE FLU

- Stay home if you are sick.
- Cover your coughs and sneezes with a tissue or your elbow sleeve.
- Avoid touching your eyes, nose and mouth when you are sick.
- Wash your hands often with soap and water or use alcohol-based hand sanitizers when appropriate.

TAKE MEDICINES AS DIRECTED

- Antiviral medications are prescription medicines that your doctor may recommend to treat the flu. These work best if started within the first two days of symptoms so contact your healthcare provider right away.

For More Information, please consult the
Palm Beach County Health Department

FightFluFlorida.com

Or call 1-888-411-4FLU (4358)

Florida Department of Health at floridahashealth.com
Centers for Disease Control and Prevention at cdc.gov
Or your healthcare provider



PALM BEACH COUNTY
HEALTH DEPARTMENT



MY FLU READY SHOPPING LIST



Self Care for You and Your Family

Keep these items on hand to help you through a flu outbreak when you or a loved one have to stay home.

PREVENT THE SPREAD

- ✓ GET A FLU VACCINATION WHEN AVAILABLE
- ✓ COVER COUGHS AND SNEEZES WITH A TISSUE
- ✓ WASH HANDS OFTEN WITH SOAP OR ALCOHOL HAND SANITIZER
- ✓ STAY HOME WHEN ILL

HEALTH & WELLNESS ITEMS

- Prescription Items. *Antibiotics are no help against the flu, unless prescribed for complications.*
- Over-the-counter pain and fever reducers.
Do not give aspirin to children & teenagers for flu symptoms. Aspirin can cause a rare but serious illness called Reye's Syndrome
Consult your pharmacist or health care provider for appropriate medications, especially for children under the age of 6 years.
- Anti-Diarrhea medicines
- Cough medicines & throat lozenges
- Thermometer & First Aid Kit
- Face masks for care-giver
- Disposable gloves for handling facial tissues or body fluids
- Soap & alcohol-based sanitizer & wipes
- Facial tissues, toilet paper, paper towels
- Disposable cups for bathroom & kitchen
- Comfort Items-special items for children including age appropriate toys

FOOD & DRINK ITEMS

- Canned or boxed Soup
- Canned Fish & Meats
- Canned Fruits & Vegetables
- Rice, Pasta, Grains & Staples (sugar, condiments)
- Canned or boxed juice & non-perishable milk
- Peanut butter & Jelly
- Bread (freeze until needed) & crackers
- Instant coffee/tea/powdered drinks
- Baby food, diapers, infant formula, baby wipes
- Sports drinks & liquids to prevent dehydration
- Pet food and supplies

More Town Hall News

New Art Exhibit

The highly complimented art exhibit from the students of the Gulf Stream School has been removed and will be replaced with a collection of photographs submitted by Commissioner Terry Brown later this month.

Residents that are interested in participating in upcoming art exhibits, please contact the Town Manager, Ken Schenck, at 561-732-2635 or email kschenck@oceanridgeflorida.com for more information.

Garden Club Proclamation

The Commission recognized the Garden Club during the September 8, 2010 Regular Town Commission meeting for its beautification projects and continuing dedication to the Town. Each year the Garden Club undertakes at least two beach cleaning projects to remove litter from the Town's beaches. In addition to the beach cleaning and other projects, they undertook a special project which involved the beautification

and naturalization of a section of the dune owned by the Town by removing exotics and replacing them with native vegetation. Projects like this continue to enhance the beauty and uniqueness of Ocean Ridge for the enjoyment of the residents and visitors alike.

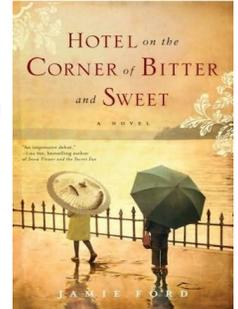


Sickle Cell Month

The Commissioners proclaimed September 2010 "Sickle Cell Month" at the September 8, 2010 Regular Town Commission Meeting. The Sickle Cell Foundation of Palm Beach County is a voluntary health organization and the only entity in Palm Beach County that is dedicated to serving persons affected by Sickle Cell disease and members of their families. The foundation also educates the public about the blood disorder through various educational presentations and blood drives throughout the county. For more information such presentations and blood drives, please visit www.sicklecellpalmbeach.org.

Book Club

The Book Club resumes their monthly discussions on Wednesday, October 6 at 5:45pm in the Town Hall Community Room. The book to be discussed will be The Hotel at the Corner of Bitter and Sweet by Jamie Ford. The discussion will be led by Linda Soensen. Residents are encouraged to join the discussion.



Bird Sanctuary

Ordinance 588 was passed at the Regular Town Commission Meeting on September 8, 2010 designating the Town of Ocean Ridge a Bird Sanctuary. The Ordinance amended the Code of Ordinances Chapter 66 to add the following:

Sec. 66-3 Bird Sanctuary.

- A) The entire area embraced within the corporate limits of the Town is hereby designated and established as a bird sanctuary.
- B) No person shall trap or molest in any manner any bird or wild fowl or rob bird nests or wild fowl nests within the Town.





Palm Beach County Fire Rescue NEWS RELEASE

Fire Rescue
Chief Steven B. Jerauld
405 Pike Road
West Palm Beach, FL 33411
(561) 616-7000
www.pbcgov.com



**Palm Beach County
Board of County
Commissioners**

Burt Aaronson, Chair
Karen T. Marcus, Vice Chair
Shelley Vana
Steven L. Abrams
Jess R. Santamaria
Priscilla A. Taylor

County Administrator
Robert Weisman



*"An Equal Opportunity
Affirmative Action Employer"*

FOR MORE INFORMATION, CALL: Capt Don DeLucia @ 561-616-7077

August 23, 2010

**WHO: Multiple County Fire and Police Agencies
Roger Dean Stadium Staff**

WHAT: 9/11 Remembrance Ceremony

**WHERE: Roger Dean Stadium
Jupiter, Fl**

WHEN: Saturday September 11, 2010 at 9 am

DETAILS: A 9/11 remembrance ceremony will be held at Roger Dean Stadium on Saturday September 11, 9 am. A large assembly of apparatus and personnel will be part of this very moving one hour program. The keynote address will be given by Battalion Chief Dan Daly, FDNY (ret). Chief Daly was at ground zero the day of this tragic event and is known for his motivational and inspirational talks about the countless stories of courage, compassion and leadership that he witnessed. Guests will include Karen Marcus, County Commission Vice-Chair, PBCFR Chief Steve Jerauld, Sheriff Ric Bradshaw, Boynton Beach Fire Chief William Bingham, Chief David James, Delray Beach Fire Chief and others.

This is a free event open to the public with ample parking. A health and safety fair will be open across the street at the Abacoa amphitheater following the ceremony with live music and activities for children.

###

Stuff the bus!



Stuff the bus Food Drive



A record 49 million Americans are food insecure, including 17 million children. You can help feed thousands of residents in need in Palm Beach County.

United Way and its partner, Palm Beach County Community Food Alliance, are conducting the Stuff the Bus food drive to benefit United Way-funded agencies with community food pantries.

it's easy to participate! Here's how:

- Donate nonperishable items Sept. 13 – 24
- Suggested items to donate are:
 - Canned meats like tuna, salmon, chicken, turkey & ham
 - Canned, chunky soups and stews
 - Canned beans, fruits and vegetables
 - New, unopened plastic containers of peanut butter and jelly

Plastic containers only – Please no glass

For more suggestions on nonperishable food items to donate, visit United Way Events Calendar at www.unitedwaypbcc.org



GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED



You can **GIVE**. You can **ADVOCATE** for change to happen in your community. You can **VOLUNTEER**.
That's what it means to **LIVE UNITED**.

www.unitedwaypbcc.org

Sand Sifters Beach Cleanups

"Be Green, Halloween Clean!"

Join the Sand Sifters for our Monthly Beach Cleanup at Oceanfront Park. After the Cleanup, the City of Boynton Beach Recreation & Parks Department will be hosting FREE Activities for the kids.

Saturday October 2
8:00am-10:15am
Oceanfront Park, 6415 N Ocean Blvd
Meet at pavilion in the lower parking lot.

Community Service Hours Awarded

Visit our Website:
www.SandSifters.org

Pre-Registration Requested:
GSolomon@SandSifters.org
or (561)734-9128.



Sponsors:

Sand Sifters Volunteers
City of Boynton Beach Recreation & Parks Department
Town of Ocean Ridge
Palm Beach County Board of County Commissioners
Palm Beach County Parks & Recreation Department



Volunteer Opportunities



Sand Sifters Beach Cleanup: Halloween Clean

What: Join the Sand Sifters for beach cleanup.

When: First Saturday of every month. Next cleanup: **October 2**

Where: Oceanfront Park, 6451 N. Ocean Blvd. On A1A, just north of the Ocean Ave. bridge in Ocean Ridge. Meet at the pavilion in the lower parking lot.

Time: 8-10:15am

Who: Individuals, schools, churches, clubs, businesses, organizations, and families are all encouraged to participate. All ages.

What's provided: Free parking, bags, gloves, and refreshments available to participants only. School and community service volunteer credit forms available.

What to bring: Please bring water, sunscreen and a hat.

Contact: Gary Solomon at 561-734-9128

Town Hall Library

What: Shelve and organize books in the Town Library.

When: Ongoing.

Where: 6450 N. Ocean Blvd. at Town Hall.

Time: Any time between 8:30am—3pm.

Who: Residents of all ages welcome. Those with library experience are encouraged to volunteer.

What's provided: School and community service volunteer credit available.

Contact: Town Hall 561-732-2635

**We need volunteers
to shelve books.
Shelve a few or
shelve them all.**

Recipe: Creamy Tomato-Basil Pasta with Chicken

Source: kraftfoods.com

Ingredients

- 3 cups penne pasta, uncooked
- 1/4c sun-dried tomato dressing, divided
- 3 small boneless, skinless chicken breasts
- 1 cup fat-free reduced-sodium chicken broth
- 1/2tsp each garlic powder and black pepper
- 4oz Philadelphia Neufchatel Cheese, cubed
- 2 cups grape tomatoes
- 1/2cup shredded parmesan cheese
- 8 fresh leaves of basil, cut into strips

Directions

Cook pasta as directed on package. Meanwhile heat 2tbsp dressing in large skillet on medium. Add chicken and cover and cook 5-6 mins on each side. Remove chicken from skillet and cover to keep warm. Carefully wipe skillet with paper towel. Add remaining dressing, broth, and seasonings to skillet and cook 3-4mins. Add cheese and cook 2-3 mins or until melted. Stir in tomatoes and cook an additional 2-3 mins. Drain pasta and add ingredients in skillet with parmesan and basil. Mix well and served topped with chicken.